

**CENTRAL SECRETARIAT**

LYNNE STUBBINGS, CHAIR; JANA OSBORNE, GENERAL SECRETARY; KERRI FUCHS, BOARD SECRETARY & EVENTS MANAGER; KARIN GUMBLE, DEPARTMENT & COMMITTEE OFFICER; JULIET ISHERWOOD, DEPARTMENT & COMMITTEE ASSISTANT; FIONA LAM, EVENTS OFFICER; CHARLOTTE MAUGHAN, MEMBERSHIP ADMINISTRATOR; JOANNA RAYNER, HEAD OF PR; FIONA HUGHES, PR ASSISTANT; JASON DOUGLAS, HEAD OF DIGITAL SERVICES; ROSIE BERNARD, ONLINE CONTENT EDITOR

Details for the NFWI contacts mentioned can be found at the end of the newsletter.

**2018 NFWI Annual Meeting – highlights**

A video of meeting highlights from the recent event held in Cardiff will be available to download from the NFWI website and My WI shortly. We hope that the video will give those who were unable to attend an insight into the events on the day. We also hope that the video will be useful to link delegates when preparing reports for linking WIs. If you experience any difficulties in watching the video, please contact the NFWI Events Officer.

**Countryfile Live**

The NFWI will have a marquee at the BBC Countryfile Live show this year, which will take place from 2 to 5 August 2018 at Blenheim Palace in Oxfordshire.

WI members are being offered 10% off adult, child, and family tickets for the show. To redeem this offer please visit the following link where the discount code is applied – <https://countryfilelive.seetickets.com/?offercode=WI> Alternatively, please use the discount code **WI** at checkout via the event website.

Please share this information and ticket offer among your WIs.

**ACWW choir – Melbourne 2019**

If anyone is interested in joining the ACWW choir to perform at a thanksgiving service in Melbourne on 7 April 2019, please contact Suzanne Garrett by email to [suzanneblodwen@gmail.com](mailto:suzanneblodwen@gmail.com) or mobile +610408770131

**My WI**

If you haven't yet received an automated 'Welcome to the Digital WI' email containing your login instructions for My WI, please visit: <https://mywi.thewi.org.uk/request-access> to request access to the site.

**Correspondence with Federation Secretaries**

Please find below the information that federations should look out for since the last issue of *NFWI News*. If you have not received some of these items, please contact the individual/department responsible as indicated in brackets (their contact details can be found at the end of the newsletter).

Date	Title	Sender	Committee/department
14 May	2019 NFWI-Wales Conference	Lisa Howells	Wales (sent to Wales Federations only)
16 May	Not in my Name Campaign	Sarah Thomas	Wales (sent to Wales Federations only)
29 May	2018 NFWI Annual Meeting – coach schedule – 6 June	Fiona Lam	Central Secretariat
8 June	NFWI Officers and Committee Chairmen 2018 – 19	Kerri Fuchs	Central Secretariat
23 May & 13 June	Wales Committee Papers	Lisa Howells	Wales (sent to Wales Federations only)

**MEMBERSHIP DEVELOPMENT COMMITTEE**

YVONNE PRICE, CHAIR; KARIN GUMBLE, DEPARTMENT & COMMITTEE OFFICER; VAL ANDREWS, HEAD OF NFWI-UNIT; ELAINE SMITH, ADMINISTRATOR  
Contact details for the NFWI contacts mentioned can be found at the end of the newsletter.

## **WI ADVISERS**

### **WI Adviser training**

The format for WI Adviser training is changing from September 2018. Trainee WI Advisers will now be required to attend an induction webinar (online) prior to each module of their course. Webinars have been piloted by this year's group and have been well received. For those unable to attend the live webinars, recordings will be available on WI Training. The course will also be condensed to reduce the amount of time trainees will be required to spend away from home.

The dates of the courses for 2019 will be as follows:

11/12/13 January 2019

Communication Skills & Understanding the WI

20 – 24 May 2019

WI Money Matters and WI Activities

Closing date 11 September 2018

All applications should be endorsed by the Federation Board of Trustees.

### **WI Adviser Forums**

WI Adviser Forums for 2018/2019 are as follows:

19 – 21 October 2018      Denman

29 April – 1 May 2019      Denman (please note change of date)

All applications should be endorsed by the Federation Board of Trustees.

### **The WI Guide**

The WI Guide is now available to download from My WI. The WI's three key messages, which bring together the defining characteristics of this dynamic organisation, can also be found on the site. WIs and federations are encouraged to use the key messages in their communications to help explain the diversity the WI offers to potential members.

### **Formations / Suspensions / Enlargements/ Reformations**

**WI Advisers** – when forming, suspending, reforming or enlarging a WI, please make sure the appropriate online form is completed and sent from the WI Advisers' area of WI Training or the relevant card is sent by post to the Membership Administrator in London as soon as possible to enable the MCS to be kept up to date. In the case of formations, this will also activate the sending of the formation pack to the WI Adviser. Further supplies of cards can be obtained by federations from the NFWI Resources department in London.

### **Workshops on WI Training**

These are 'off the shelf' workshops available in the WI Advisers' area of WI Training, complete with suggested handouts that can be downloaded for WI Advisers and others to deliver in their own federation. They are in MS Word format so they can be adapted and amended to each federation's needs. Workshops available are:

- Talking for the Terrified – Communication Skills
- Taking the Lead – WI Presidents
- WI Treasurers
- Success for Secretaries – WI Secretaries
- Planning the Programme.

If you haven't already requested access to this area, email Elaine Smith putting WI Training/WI Adviser in the subject bar.

## **FEDERATION OFFICERS' WORKSHOPS**

### **Membership Chairmen's Workshop**

**18 – 20 January 2019**

**Closing date 1 August 2018**

This workshop will give your Membership Chairman the confidence and skills to carry out her role effectively. Topics covered include the work of the Membership Chairman, Equality & Diversity, and Digital Communications. For more information, please contact Val Andrews.

### **Federation Chairmen's and Federation Treasurers' Workshops**

**25 – 27 February 2019**

**Closing date 1 October 2018**

This workshop is designed to give Federation Chairmen and Federation Treasurers the skills and knowledge to carry out their role effectively. Open to both new and experienced Chairmen and Treasurers. For more information, contact Val Andrews.

## **COMMUNICATIONS SKILLS**

### **Communication Skills for the Leadership Team**

This new one-day workshop is aimed at Federation Trustees, WI Advisers, Digital Champions, Denman Ambassadors, Federation Contacts and anyone else involved in speaking in public at federation level. A member of the Training Team will come to your federation and the day includes preparing for speaking in public, persuasive speech, impromptu speaking, listening skills, and

dealing with difficult issues. The cost is £205 plus trainer hospitality and photocopying. Contact Elaine Smith for further information.

### **Listen-Speak-Inspire, A Confidence Boost**

This is an informal one-day workshop open to any member. It is particularly useful for building the confidence of WI Presidents and Secretaries and those members who find it nerve-racking to stand up at their WI to make an announcement or to thank the speaker. It looks at learning how to relax and enjoy speaking to others. Federations that have held these workshops have all said how helpful and exciting the day was. A member of the Training Team will come to your federation or WI. The cost is £205 plus trainer hospitality and photocopying. For more information, please contact Elaine Smith.

### **Speaking with Confidence courses**

For a more structured communication skills course, your federation may be interested in holding a Speaking with Confidence course. These two-day courses aim to develop students' confidence and ability to speak in public, to express themselves clearly without undue stress and to make the best use of their voices, and can lead to a Laser Learning Awards accreditation on completion of Parts I & II. If they wish, students can progress to Part III, which is accredited by the English Speaking Board. For further information, please contact Elaine Smith.

### **Wow Your Audience**

This is a one-day workshop open to any member and aims to give members the confidence and skills necessary to prepare and deliver successful presentations, with particular emphasis on PowerPoint. We'll come to your federation or even to individual WIs. Students will also be shown how to put the equipment together. The cost is £205 plus trainer hospitality and photocopying. For more information, please contact Elaine Smith.

### **Regional Communication Skills Workshops**

One-day 'Listen-Speak-Inspire' regional workshops are being held in the following venues:

- North Yorkshire West Federation – 3 July 2018
- Cambridge Federation – 18 August 2018
- East Sussex Federation – 13 September 2018

These one-day workshops are open to all members and are designed to build confidence and prepare you for many situations both within the WI and the public world beyond. For more information and application form, please contact Elaine Smith.

### **IFE training**

Do you have a group of members who would like to be trained to independently examine WI Accounts? A member of the Training Team will come to your federation and advise you on the best methods of setting up a scheme within your federation. A refresher course is also available. The cost is £205 for a one-day course, plus trainer hospitality and photocopying. Contact Elaine Smith for further information.

### **Federation Trustee training**

Federation Trustee training will continue to be offered free of charge, apart from trainer hospitality and photocopying. All days include a review of the responsibilities of a Federation Trustee. A member of the Training Team will come to your federation to train your Federation Trustees. For further information, please contact Elaine Smith.

### **WI TRAINING**

The new WI Training platform is now available to all members; it is an updated system that will work across mobile devices such as iPads and iPhones. WI Training will be used for mainly online training and federation roles and will be easy to access, sharing the same login information as My WI and the MCS.

Your old Moodle username and password will no longer work, so if you haven't already done so now is a great time to sign up and start using My WI <https://mywi.thewi.org.uk/request-access>.

In the open area you will find e-learning modules such as Treasurer's Training, Trustee Training and resources for Digital Team Leaders. For access to Federation Roles you will need to contact Elaine Smith at [witrainingadmin@witraining.org.uk](mailto:witrainingadmin@witraining.org.uk)

### **A guide to being a Federation Trustee**

A short interactive course for members who would like to find out what being a Federation Trustee involves can be accessed on WI Training. After completing the course, if you decide you may be interested in being a Federation Trustee, please contact your federation office. This course would also benefit existing Federation Trustees who would like to refresh their skills and knowledge.

### **Social media/networking resources**

Social networking is a way of using your computer/smartphone to talk to other people, and to share information and media such as photographs or videos – whatever you want! There are many social networking websites that allow you to do the above, but the NFWI primarily uses Twitter and Facebook – currently two of the biggest social networking websites. If you need any further help, or have any questions about Twitter or Facebook, you can contact the NFWI PR Assistant Fiona Hughes.

### **WI training resource**

This online training resource has been developed for Federation Trustees, WI Advisers, Independent Financial Examiner Trainers (IFE Trainers), Digital Team Leaders, Federation Contacts, NFWI Judges, Denman Ambassadors and anyone else who trains others in the WI or the local community. The course can be accessed through WI Training.

### Promotional items

NEW 'Become a member' leaflets are now available to order from the NFWI, please contact the Resources department. The leaflet has been updated to reflect the new GDPR regulations with a statement of how a potential member's details will be used.

### PUBLIC AFFAIRS COMMITTEE

ANN JONES, CHAIR; REBECCA SHARKEY, HEAD OF PUBLIC AFFAIRS (MATERNITY COVER); SOPHIE PAGE, RESEARCH & CAMPAIGNS OFFICER; ALEXANDRA BARKER, RESEARCH & CAMPAIGNS OFFICER; ZAK BOND, RESEARCH & CAMPAIGNS OFFICER

Contact details for the NFWI contacts mentioned can be found at the end of the newsletter.

### Annual Meeting Resolution

At the Annual Meeting in Cardiff on 6 June, WI members voted to pass the Mental Health Matters resolution with 98% of the vote. 5,945 votes were cast in favour of the resolution and 103 votes were cast against. The NFWI is now putting together a full campaign plan and action pack that will include background to the campaign as well as ideas for how members can take action. If you would like a copy of the action pack when it becomes available in August, please contact the Public Affairs Department. In the meantime, look out for a memo in the June mailing with some initial ideas for steps you could take.

### Alleviating Loneliness Summits

As part of the Link Together campaign, WIs and federations are encouraged to hold summits to bring together WI members and representatives of local organisations working to tackle loneliness in their areas. A summit is a great way to learn more about the causes and impacts of loneliness and discuss how local community groups can work together and take action. Please do let the Public Affairs Department know if you have held a summit, or are in the process of organising one, and don't forget to send us any photos and feedback following the event!

### End Plastic Soup

#### Take action now: invite your local MP to our End Plastic Soup Parliament drop-in session

The drop-in session is an opportunity for MPs to learn about the issue of microplastic fibres, and to show their support for the NFWI's End Plastic Soup campaign. Download the template letter here, and invite your MP to come to this informal session at Parliament on 4 July. To find out who your local MP is, click [here](#).

### Food Matters

**Food Waste:** the campaign has had some great recent success, with Morrisons publishing its food waste figures and Tesco removing 'best before' dates from 70 lines of packaged fruit and vegetables. Check out the blog to find out more:

[behindthedoourof104.blogspot.com](http://behindthedoourof104.blogspot.com)

**Food Poverty:** WIs and federations across the country have begun holding food poverty debates to learn more about the issue of food poverty. Download the toolkit today and get involved: [thewi.org.uk/foodpoverty](http://thewi.org.uk/foodpoverty)

### SCIENCE & LEISURE COMMITTEE

SUE WILSON, CHAIR; HELEN NEAL, ADMINISTRATIVE SECRETARY

Contact details for the NFWI-Unit contacts mentioned can be found at the end of the newsletter.

### All you need is a little faith trust... and pixie dust!

Birmingham Hippodrome and the National Federation of Women's Institutes (NFWI), invite WI members, friends and family to an exclusive performance of *Peter Pan* on Wednesday 2 January 2019.

Starting at 10.30am (doors open at 10am), the pantomime adventure will start with a variety of exciting activities, including magic acts, comedy, arts and crafts as well as specially created heritage talks, exhibitions, storytelling and behind the scenes tours. After a morning of delight and excitement, take to your seat at 2pm for a special, magical performance of *Peter Pan*.

- Cost to attend is £40 each; this includes all pre-show activities and a seat for the performance as well as a programme and tub of ice cream.
- Tickets are now on sale and can be booked online using a unique promotion code **MYWI** via the Hippodrome website [www.birminghamhippodrome.com](http://www.birminghamhippodrome.com)
- Members can book up to 9 tickets in a single booking. For members wishing to book 10 tickets or more, please call the Group Sales Team on 0844 3387000. Tickets of 10 or more can be held up to 2 weeks before full payment is required to allow sufficient time for organisers to take in ticket money from those attending.
- All members who book tickets to the event will be asked to provide an email address so that the Hippodrome can keep in contact prior to the event regarding arrangements for the day, including a standard pre-visit email which will be sent out approximately 2 weeks before the event.
- All tickets will be posted by the end of October 2018.

- A selection of pre-show activities will go on sale (online and by phone 0844 3385000) on Friday 14 September 2018 at 11am. These are included in the ticket price but must be pre-booked due to limited spaces.
- A variety of hospitality options will be available to pre-book on a first-come, first-served basis. Choose from a three-course meal or festive afternoon tea to special themed hamper packages – there really is something for everyone. Hospitality can be booked online or over the phone from Friday 14 September 2018 at 11am.
- Keep in touch with casting announcements, hospitality options, foyer activities and FAQs by visiting the website [www.birminghamhippodrome.com](http://www.birminghamhippodrome.com)

#### **Are you a confident driver?**

#### ***The WI and IAM RoadSmart working together to develop women's road confidence***

#### **Saturday 6 October 2018**

#### **Road Safety Experience Facility, Chatham, Rochester, 9.30am – 4.30pm, £40 per member**

Using the new and outstanding facilities at the Road Safety Experience facility in Rochester, WI members are being given a unique opportunity to learn from IAM RoadSmart Observers and Road Safety professionals from the fire, police and ambulance services, on various aspects of keeping women safe on the roads. The intensive day will consist of a variety of interactive workshops and driving sessions covering a range of topics such as:

- FROST – First Response On Scene Training \*
- Scene management; risk assessment, coping with shock, basic triage
- Scene investigation workshop
- Full use of the interactive zone
- One-to-one driving session, covering urban, motorway and rural driving, with guidance and support from an IAM Observer

\*Please be aware that this session will take place in a theatre and will include loud noise and flashing lights; although the content and delivery will be adapted to suit WI members, some may find this session unsettling.

#### **Saturday 13 October 2018**

#### **Lifewise, Rotherham, South Yorkshire, 9.30am – 4.30pm, £40 per member**

Based in the fabulous facilities at the Lifewise Centre in Rotherham, WI members are being given a unique opportunity to learn from IAM RoadSmart Observers and Lifewise professionals on various aspects of keeping women safe on the roads. The intensive day will consist of a variety of interactive workshops and driving sessions\* covering a range of topics such as:

- Scene management and basic first aid
- Drive for Life: speeding, drink and drugs, safety
- One-to-one driving assessment on motorway, urban and rural driving
- Motorway driving: smart motorways, tailgating, road rage
- Personalised guidance and support from an IAM professional
- Optional one-to-one parking and manoeuvring session (pre-booking necessary).

It is not suitable for members to car share to either of these events; therefore it is necessary that all attending must arrive and have sole use of their own car throughout the day. Please note that there is no provision on site for members to bring partners/guests to these events.

A light lunch and refreshments is included in the ticket price.

Spaces are limited and we are expecting this event to sell out quickly. Please complete and return your application form, along with your payment (cheques must be made payable to NFWI) as soon as possible to Helen Neal at the NFWI Unit, Denman, Marcham, Abingdon, Oxon, OX13 6NW. Please contact 01865 391788 ext 279 or [h.neal@nfwi-unit.org.uk](mailto:h.neal@nfwi-unit.org.uk) with any questions.

#### **Lady Denman Cup Competition 2018**

Don't forget that the deadline for federations to submit their chosen three entries for national judging is Friday 3 August 2018!

Any entries sent directly to the NFWI Unit without being approved by the federation, cannot be entered and will be returned to the entrant. The full schedule, plus entry forms, is available to download from the My WI site.

#### **WI Sports Week is back in 2018!**

Don't forget that WI Sports Week will be taking place on the 15 – 22 September 2018; start planning what exciting and, perhaps challenging, sports activities you could organise for your members. As before, do please let us know your plans, stories and photos, so that we can share your experiences and ideas with fellow members on our social media channels.

#### **FOOD AND GARDEN COMMITTEE**



### **Huxley Cup 2018**

The Huxley Cup this year took place at the Royal Three Counties Show, and was hosted by Worcestershire Federation. This year the competition was again an imposed exhibit on a table top, and the theme was 'The Rural Scene'. There were 20 entrants from 16 federations. The competition was judged by Margaret Rumens, a national NAFAS judge. Congratulations to the winners and to all those who entered the Huxley Cup competition – in first place was Dorothy Monks from Cheshire Federation, in second place was Sheila Williams, Berkshire Federation and in third place was Margaret Maguire, Glamorgan Federation. Very many thanks to federations for their support of the competition, in particular to Worcestershire Federation who hosted the competition on behalf of the NFWI.

### **On With The Show Amendments Page**

An amendments page for the 2015 edition of *On With The Show* has been produced. An electronic copy of the page can be downloaded from the WI website or My WI. For a hard copy of the amendments page, email [e.breeds@nfwi-unit.org.uk](mailto:e.breeds@nfwi-unit.org.uk) (please include your postal address).

### **NEW – NFWI Friendship Flowers**

The Food and Garden Committee are excited to announce that to tie in with the Alleviating Loneliness campaign and World Kindness Day (13 November 2018), step-by-step photo and video guides for NFWI Friendship Flowers will be produced. The NFWI Friendship Flowers will be designed to give as a gift and start a conversation. More information will be available in upcoming months, but to register your interest in receiving the photo guide when it's ready, please email [e.breeds@nfwi-unit.org.uk](mailto:e.breeds@nfwi-unit.org.uk)

### **NEW – Cookery Short Skill Videos**

In collaboration with the WI Cookery School at Denman, the Food and Garden Committee has filmed some short skills videos to provide WI members and the wider public with some new recipes. Watch the website and social media to find out when they are available.

### **NEW – Gardening Short Skill Videos**

The Food and Garden Committee has filmed some short skills videos to provide WI members and the wider public with exciting and interesting planter ideas, whether you have a garden or a windowsill available. Watch the website and social media to find out when they are available.

### **My WI**

New exciting and interesting articles are constantly being uploaded to My WI in both the Food and Cookery section, and the Gardening and Floral Art section. These include a new Menu of the Month every month, a 'Cooking with Leftovers' recipe section, guides on flower arranging and new gardening success stories available to read, under the 'Stories From The Shed' section.

### **Menu of the Month writers required**

If you are an experienced recipe writer or food blogger and would like to be in with the chance to write a three-course Menu of the Month, please contact Alison Rush at [a.rush@nfwi-unit.org.uk](mailto:a.rush@nfwi-unit.org.uk) with some menu ideas or a link to your website/food blog.

### **NEW – We want to hear from you!**

Do you enjoy growing flowers? Whether it's for your own arrangements or for others' enjoyment, we'd love to hear from you for future features on My WI. If you're interested in getting involved, please contact [e.breeds@nfwi-unit.org.uk](mailto:e.breeds@nfwi-unit.org.uk)

### **Calling all floral art and gardening success stories**

We would like to encourage members to get in touch with floral art or gardening success stories. Perhaps you have engaged with local community groups, you have recently started an allotment and would like to inspire others to do the same, or your WI have had an interesting talk, presentation or demonstration about floral art or gardening that's inspired you to progress your skills.

### **Calling all food and cookery success stories**

We have received some very interesting success stories which will feature on the new area of the website My WI. This will be a regular feature so we would still like to encourage members, WIs and federations to get in touch and share with us your cookery-based success stories or popular food-based activities which have taken place in your area. Perhaps you have a foodie subgroup that meets regularly, has run cooking courses or engaged with local community groups to share cookery skills.

**For all success stories** – We would like to hear what you have been up to, what has worked well and what you are planning to do in the future, in the hope that we can offer our support and share ideas between federations, WIs and members. Please email [e.breeds@nfwi-unit.org.uk](mailto:e.breeds@nfwi-unit.org.uk)

### **CRAFT COMMITTEE**

SALLY KINGMAN, CHAIR; JANE BOLSOVER, CRAFT CONSULTANT; KIRSTIE PHIPPS, ADMINISTRATIVE SECRETARY  
Contact details for the NFWI-Unit can be found at the end of the newsletter.

### **Federation Centenary Exhibition**

To commemorate the federation centenary celebrations, the Craft Committee will be hosting an online exhibition of the crafts created for these special occasions. Launching in 2018, the exhibition will take place on My WI and will be an ongoing event, with features added as the celebrations continue over the years.

Each federation will have the opportunity to share photographs of the item being made, the members involved and of the final article. We'd also like to include background information about the federation, the story of why the piece was chosen, and details of any other plans you have had/will have to mark the occasion.

Let us know your centenary craft plans – we look forward to hearing from you and seeing the amazing items you create!

### **Craft Club**

Craft Club is a national campaign that champions groups across the UK to bring people together to share craft skills.

Registering as a Craft Club is FREE and can offer you access to craft tutorials, practical learning resources, a quarterly newsletter full of craft ideas and makes, personalised advice over phone or via email, regional skill-sharing events, access to a loan box scheme and much more!

Further information including how to register, past newsletters, and tutorials can be found on the Craft section of My WI.

### **NFWI Textile Archive/Collection**

The Craft Committee is responsible for the NFWI Textile Archive/Collection. To ensure the longevity of this collection, work continues to create a digital catalogue to showcase all the pieces in the archive.

### ***Crafts Beautiful* magazine**

'Your WI Highlights' features in every issue of *Crafts Beautiful* magazine with crafty tips, ideas and news from members, information about upcoming creative courses at Denman and a monthly project to make. A selection of *Crafts Beautiful* makes can be found on the NFWI website.

### **My WI – Makes of the Month**

Each month, exciting new projects can be found on the 'Makes of the Month' section of My WI. In June there are an array of 'Healthy Living and Wellbeing' related projects, along with features from experts and useful links and resources. In July, you'll be able to have a go at making a beaded bracelet, an embroidered bag, a lampshade and a fascinator.

### **My WI – Over to you**

The 'Over to you' section of My WI continues to grow, with members sharing their crafty news, patterns and tutorials. We're always on the lookout for new features and projects, so please let us know if you have an event, achievement or make that you'd like to share!

### **My WI – Project Library**

The craft project library is growing every month with tutorials for you to try in your WI or at home.

### **Let's keep in touch**

The Craft Committee love to hear what you're all doing, so please get in touch and let us know. It would be great to hear any news or ideas you have, assist with any queries or give advice on craft.

Regardless of what you do or how you do it, have fun crafting!

### **NFWI-WALES**

MAIR STEPHENS, CHAIR; RHIAN CONNICK, HEAD OF NFWI-WALES

Contact details for the NFWI-Wales contacts mentioned can be found at the end of the newsletter.

### **Royal Welsh Show, Llanelwedd, Powys: 23 – 26 July**

The NFWI-Wales stand, hosted by Powys-Montgomery Federation in the South Glamorgan Hall on the theme 'Young at Heart', will feature demonstrations of dance, fitness and beauty therapies. Come and view the displays which will include two large green hearts – one to symbolise 'Show the Love' caring for our climate, and one promoting the work of Powys Montgomery Federation's subcommittees and WI activities showing that the "WI is everything you want it to be". Also on display will be the newly crafted WI pennants and the Powys Montgomery Federation Centenary Craft Panel.

### **National Eisteddfod of Wales, Cardiff: 4 – 11 August**

Hosted by Glamorgan Federation, the NFWI-Wales stand will be located by the Pierhead Building in Cardiff Bay. On display will be our new promotional panels highlighting the wide range of activities offered by the WI, from projects and competitions to campaigning and community action.

### **Public Affairs Conference: 11 October**

Our Public Affairs Conference will be held on the Royal Welsh Showground in Llanelwedd on 11 October from 10am until 4.30pm. The morning session will update members on the current NFWI campaigns. The afternoon session will celebrate 100 years of WI

campaigns by revisiting some of the early mandates. In addition we will mark the 100th anniversary since the passing of the Representation of the People Act in February 1918 by looking at the role of the pioneering early leaders of the WI in encouraging women to play their part in public life as well as the experiences of women in public life today.

Confirmed speakers include:

- Professor Maggie Andrews, Professor of Cultural History at the University of Worcester;
- Dr June Milligan, Wales Commissioner for the Equality and Human Rights Commission;
- Selina Moyo, Policy Officer, Community Housing Cymru; and
- Lesley Jones, Chief Executive, Keep Wales Tidy.

To register your interest in attending, please visit this link: <https://www.thewi.org.uk/wi-in-wales/news-and-events/register-to-attend-the-nfwi-wales-public-affairs-conference-on-11-october-2018>. Alternatively, please contact the NFWI-Wales Office. Email: [walesoffice@nfwi-wales.org.uk](mailto:walesoffice@nfwi-wales.org.uk)

### **NFWI-Wales Project to Preserve, Protect and Plant Urban Trees**

Do you love trees? If YES, you can get involved in the NFWI-Wales tree project. There are lots of activities you can undertake such as adopting trees in your community and surveying them using the OPAL tree packs. You can celebrate them in different ways by crafting a piece inspired by them, taking photographs, drawing and painting them, producing maps in various mediums or yarn-bombing them. You could plant new trees as a legacy for future generations, the scope is endless. For more information contact [walesoffice@nfwi-wales.org.uk](mailto:walesoffice@nfwi-wales.org.uk)

### **Dŵr Cymru Welsh Water**

Dŵr Cymru Welsh Water is committed to putting the needs of its customers first. It has a range of services that could save its customers up to £250 off their water and sewerage bill, and if customers have arrears there are also options to help reduce their debt. Customers on a low income, or who live on their own, or have water debt, can receive advice and support by telephoning 0800 0520145 or visiting [www.dwrcymru.com/money](http://www.dwrcymru.com/money)

Dŵr Cymru Welsh Water would be happy to attend Federation or WI meetings to speak about the support that they can provide. For further information, please contact [Tracey.jones@dwrcymru.com](mailto:Tracey.jones@dwrcymru.com) (North Wales) or [Tracey.price@dwrcymru.com](mailto:Tracey.price@dwrcymru.com) (rest of Wales).

### **CENTURY OF HOPE: celebrating a century of Women's Heritage in Wales**

During 2018, Women's Archive Wales has been organising events to celebrate the partial granting of the vote to women in 1918. Upcoming events, which are all open to the public, include:

- 8 July – **Digital Women's Heritage Treasure Hunt in Aberystwyth** (Booking essential)
- 10 August – **National Eisteddfod, Cardiff: 'Menywod mewn Marmor: Caerdydd, Pwy arall?' (Women in Marble: Cardiff, Who else?)** Venue: The Senedd at 1pm
- 27 August – **Peace Walk** to commemorate the 'Women for Life on Earth' Cardiff-Common Greenham Peace walk of 1981
- 6-7 October – Saturday: **International Conference**; Sunday: **Women's history and Wales**. Venue: The School of Management Centre Swansea Bay Campus, Swansea University
- 24 and 25 November – **Talks on women gardeners and women and the great estates in Wales**. Venue: National Botanic Garden, Carmarthenshire
- 7 December – **Premier of Canrif Gobaith / Century of Hope Film and celebration of end of project!** Venue: Redhouse, Merthyr Tydfil; evening event.

Please visit [www.womensarchivewales.org](http://www.womensarchivewales.org) for further information about the above events. Alternatively, contact [catrinstevens@outlook.com](mailto:catrinstevens@outlook.com) or [heulwendavies@icloud.com](mailto:heulwendavies@icloud.com)

### **WI ENTERPRISES**

CATRIONA ADAMS, CHAIR; MARK LINACRE, GROUP MANAGER; HILARY RANSOM, GROUP MANAGER'S ASSISTANT; CARLOS FIALHO, MARKETING EXECUTIVE

### **The WI Raffle 2018**

**DON'T FORGET! 60% of the proceeds from tickets sold in your area will go directly to your federation**, so please do all you can to encourage all WIs in your federation to sell a **BUMPER** number of tickets!





WI Enterprises Ltd for  
The National Federation of Women's Institutes

# Raffle 2018

Support the largest women's  
voluntary organisation in the UK

**1st prize £10,000** cash  
**PLUS** 3 additional prizes  
**PLUS** 3 runner-up prizes

**60%**  
of proceeds go to  
Federations



**INSPIRING WOMEN**

WI \_\_\_\_\_

FEDERATION \_\_\_\_\_ BLOCK CAPITALS

NAME (Mr / Mrs / Ms) \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

POSTCODE \_\_\_\_\_

TEL. NO. (INCL STD) \_\_\_\_\_

**CLOSING DATE 5 OCTOBER 2018**

Please return this cover with all counterfoils and unsold tickets to:  
**The WI Raffle 2018,  
The National Federation of Women's Institutes  
PO Box 4531, Maidenhead, SL6 0 1GH.**  
NFWI Incorporated in England & Wales as a Company Limited by Guarantee No. 2517690.  
Charity Registration No. 803793. VAT No. 239412657.  
WI Enterprises Ltd incorporated in England & Wales. Company No. 1339906.  
VAT No. 242785840. WI Enterprises Ltd is a subsidiary of the NFWI.

- 1<sup>st</sup> prize – **£10,000**  
 2<sup>nd</sup> prize – Holiday for two in Crete – *donated by* Travel Editions Group (terms and conditions apply)  
 3<sup>rd</sup> prize – 4200XL Food Processor – *donated by* Magimix  
 4th prize – Pre-show dinner and top seats for two at a West End Show  
 (subject to availability, exclusion dates apply) – *donated by* Ambassadors Theatre Group

And there are also the following great prizes for the runners up:

- Singer Sewing Machine – *donated by* Bogod
- £100 Gift Voucher – *donated by* Sutton Seeds
- Martha Hill Beauty Hamper Box – *donated by* Beauty Naturals

Please ask all your members to promote the 2018 NFWI Raffle and continue to help make the WI the best it can be.

Tickets are available from your WI secretary.

*If you feel you have a problem with gambling, please visit [www.gambleaware.co.uk](http://www.gambleaware.co.uk) for help and advice, or contact The National Gambling Helpline on 0808 8020 133 (open 8am to midnight daily)*

## WI Notebooks

The new WI notebooks come in green and pink. They are A5 size, have 240 lined pages and a card pocket. The paper is FSC certified – each notebook has a ribbon marker and comes with a pencil, matching elasticated band and pen loop. Price: £12 including postage.



## DENMAN

PAT TULIP, CHAIR; JANE DIXON, HEAD OF DENMAN

Contact details for Denman can be found at the end of the newsletter.

## **Sounds of the Summer**

Join us on the Denman grounds on Saturday 15 September for some fun in the sun (hopefully)! We've invited five local musical acts to play, Denman tutors to do workshops with you, delicious hampers, lawn games and more! Tickets start from £8. This event is a perfect way to invite your family and friends to Denman! Find the line-up [online here](#) and book now!

## **Anniversary Book**

The Denman anniversary publication is out now! You can buy it when you next visit Denman, or online through the WI website: <https://wishop.thewi.org.uk/shop2> It's a beautiful coffee table book filled with precious memories, anecdotes and historical facts about Denman since it was opened in 1948. A great souvenir or gift, and only £25!

## **Mailing List**

Join the Denman email mailing list to keep up to date with special offers, new events, and exclusive discounts! Contact us on [marketing@denman.org.uk](mailto:marketing@denman.org.uk) to be added today.

## **Become a Friend of Denman**

Whether you're new to Denman or a long-term supporter, becoming a Friend of Denman gets you closer to the college. Not only will you have access to special events and this wonderful support network, but every penny goes towards securing the future of Denman. For an annual fee of £75, benefits include 10% off all courses and events, residential room of choice where possible, an exclusive brand new gift for 2018 and VIP front row seats at special events. Contact us on 01865 391 991 or [info@denman.org.uk](mailto:info@denman.org.uk) to find out more and join today!

## **HIRING DENMAN!**

Did you know that you can hire Denman out for parties, meetings and away days? We've had some incredible celebrations here over the years including wedding receptions, big birthday parties, team away days and much more. We can cater to all your needs, so if you're planning an event of any kind, get in touch on [marketing@denman.org.uk](mailto:marketing@denman.org.uk) or 01865 391991.

## **Gift Vouchers**

Struggling for gift ideas for a friend or family member? Then why not purchase a Denman voucher from the NFWI shop on <https://wishop.thewi.org.uk/shop2> You can pick up £10, £20 or £50 vouchers for them to spend on a course, event or a relaxing bed and breakfast visit.

## **Special Events at Denman**

[Platinum event: Mindful Baking demo with Ali Haigh](#)

Thursday 2 August | Tickets from £36

Come and join us for a relaxing few hours with Alison Haigh who will be demonstrating the benefits of Mindfulness while baking – appreciating every ingredient we use to make delicious homemade food. Just as a car deprives us of walking, convenience foods can deprive us of using our hands to work in harmony with our brains. Alison will be producing some delicious food including a gluten-free refined sugar sponge cake, a date, chocolate and almond torte, a spiced cornbread, and a Gruyere and rosemary pastry tart filled with beetroot and butternut squash.

[Platinum event: Bothy vineyard and wine tasting afternoon](#)

Sunday 5 August | Tickets from £49.50

Come and spend the afternoon and evening at Denman and experience not only a trip to a local Vineyard but a two-hour wine tasting class at Denman before dinner. The afternoon will start with a trip to Bothy Vineyard, Oxfordshire's oldest vineyard/winery, followed by a two-hour wine tasting class with the Oxford Chelt Wine School. A lovely Denman two-course meal will be provided after the tasting class to finish the evening off. The Bothy Vineyard tour starts with a gentle walk around the vineyard, where you will learn about its history, the economics of such a modest business, and the viticulture and environmental factors which affect their harvest and wine. This will be followed by visiting the winery and then a tasting of the vineyard's award-winning wines. After a short refreshment break, the Oxford Chelt Wine School will take you on a two-hour wine tasting class, which promises to be full of surprises, fun and a little enlightenment, while sipping some delicious wines. This is an exclusive event with limited availability, so book early to avoid disappointment.

## **CONTACT DETAILS**

Details of the NFWI contacts mentioned above.

## **Central Secretariat**

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#### **Membership Development**

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Elaine Smith e: [e.smith@nfwi-unit.org.uk](mailto:e.smith@nfwi-unit.org.uk)

#### **Finance**

Catrin Rosquist e: [c.rosquist@nfwi.org.uk](mailto:c.rosquist@nfwi.org.uk)

#### **Public Affairs Committee**

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#### **Science & Leisure Committee**

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NFWI-Unit, Denman, Marcham, Abingdon, Oxon, OX13 6NW t: 01865 391788

#### **Craft Committee**

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#### **Food and Garden Committee**

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#### **NFWI-Wales**

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